

The California Mental Health & Spirituality Initiative

Northern Region Conference

The Spirituality Factor



Weaving Spirituality & Behavioral Health Using Evidence & Practice

October 9 & 10, 2014
Allen Temple Family Life Center
8501 International Blvd.
Oakland, California

More information and registration:
www.mhspirit.org
or Gigi Crowder: (510) 777 2118

Over 30 powerful workshops • Panel with County Behavioral Health Directors and other leaders • Faith leaders panel • Consumer & family members panel • TAY Focused Workshops • Some workshops offered in Spanish and Chinese • Multicultural entertainment • Foods from around the world • \$25 per day fee • Lived Experience scholarships available • CEUs & CMEs.

Be inspired by passionate speakers and informed about research findings regarding the relevance of faith and spirituality in mental health wellness and recovery. Learn and experience body-mind-spirit practices for self-care and for helping others.



Go Green:
Raffle prizes for those who bring their own reusable beverage container!


MENTAL HEALTH & SPIRITUALITY INITIATIVE
Center for Multicultural Development
California Institute for Mental Health



CBHDA

County Behavioral Health Directors Association of California